

Lake-Geauga United Head Start, Inc.

HEADS UP



Lake Geauga United Head Start's Monthly News Bulletin

Volume VIII Issue I

September 2020

Dates to Remember...

Geauga Center

Parent Meeting

September 29, 2020

Via Zoom-More info to come

Painesville Center

Parent Meeting

September 30th @ 5:30pm

Via Zoom- more info to come

West Center

Parent Meeting

October 1st at 5:30pm

Via Zoom-more info to come

Head Start Closings

Thanksgiving- November 25-26

Winter Break-December 21-January 4th

Martin Luther King Jr. Day- January 18

President's Day- February 15

Spring Break

March 22-26

Last day of school-May 27

PARENT COMMITTEE & POLICY COUNCIL

Parents like you make the Head Start Program the success that it is! Since you have the most contact with your child, you are your child's most effective teacher. You are encouraged to participate in the program as much as possible.

Parent Committee

All parents are automatically members of your Head Start site's Parent Committee and are encouraged to be active members. Meetings will be held via Zoom until further notice. During the meetings you will help plan exciting activities for your child, including parties and site activities. You will also be able to choose topics for trainings that can be held during your parent meetings.

If you are interested in participating please be sure to attend your center's September parent meeting via Zoom. You will receive the Zoom invitation as the meeting gets closer.

Policy Council

Policy Council is one of the governing bodies of Head Start and is comprised of Head Start parents and representatives from the community. The purpose of Policy Council is to involve parents in the decision making processes of Head Start. Representatives help to make decisions concerning: funding, expenses, budgets and other policies concerning the program as a whole.

Representatives from each center will be elected at the first parent meeting in September. New representatives will begin their term in November. Policy Council meets on the Friday prior to the Board of Trustees meeting, each month at 11am via Zoom.

IF YOU ARE INTERESTED IN THESE EXCITING OPPORTUNITIES PLEASE ATTEND THE SEPTEMBER PARENT COMMITTEE MEETING!

FAMILY ENGAGEMENT AT-HOME ACTIVITIES

Each month a family engagement activity will be sent home for you to complete with your child. This activity is designed to be fun and low stress for you and your child to complete together. Encourage your child to be creative, enjoy your time together and most importantly, have fun!

The materials sent home are yours to keep and you are encouraged to continue doing the activities and reading the books for a long time to come. Please remember to complete the bottom of the activity form and send it back to your child's teacher- this is how we will keep track of your participation.

If you have any questions do not hesitate to contact your child's center!

THE IMPORTANCE OF IN KIND AND HOW PARENTS CAN HELP

In Kind Donation

Head Start is a federally funded program. As a condition of funding, the program must generate in-kind dollars. For every dollar received from the funding sources, 25 cents must be generated from in-kind donations. The list below provides examples of activities or donations that could count toward in-kind match.

How can you help with In-Kind?

- ◆ Complete the Family Engagement At-Home Activities
- ◆ Read and do learning activities at home with your children
- ◆ Share a hobby or talent or read a book via Zoom or another forum
- ◆ Become a member of Policy Council or an Advisory Committee
- ◆ Attend parent meetings via Zoom

How Do We Keep Track of In-Kind?

- ◆ Record all the time spent working with your child at home on At-Home Activity Sheets and return forms at the end of each week
- ◆ Sign in each time you participate in a Zoom meeting, visit the center or have an in person meeting.

Volunteering in the Center/Classroom

Parents play an extremely important role in the Head Start program. We believe that children feel valued when their parents or guardians participate in the beginning of their education. There are many opportunities for parents to volunteer in the center or classroom:

- *Upload videos of yourself reading, singing, cooking, dancing or playing an instrument for classes to view
- *Work at home on individualized education activities that have been prepared specifically for your child by your child's teacher
- *Attend parent meetings and/or Policy Council meetings on a monthly basis
- *Join the Health Advisory Committee or Education Advisory Committee
- *Complete Family Engagement At-Home Activities
- *Encourage other parents to participate in the program

AT HOME VOLUNTEER TIME FOR PARENTS

The daily activities you do with your children are very important! Home learning activities or **AT-HOME VOLUNTEER TIME** help to connect the skills and development that teachers are working on in the classroom to your home. Reading, cooking activities, making shopping lists and playing learning games are all activities that count as **AT-HOME VOLUNTEER TIME**. Remember to use the At-Home Volunteer time sheet to keep track of the time you spend working on new skills and concepts with your child.

Don't forget to turn in the completed form to your child's teacher at the end of every month! Simply put the amount of time you spend working with your child in 15 minute increments on the appropriate day. If you need help filling out the form please call your child's center.

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Family Advocacy

Each family is assigned a Family Advocate who will help the family identify their strengths and set goals. They can also help identify needs and refer your family to the right resource.

The family and the Family Advocate work together in a partnership to help the family progress toward achieving and attaining goals and services which support positive development of the child in the home.

Your Family Advocate will be contacting you soon to schedule a meeting with you.

Download the LGUHS app today for up-to-date information.

Available in the Apple Store and Google Play by searching Lake Geauga United Head

Check out our website for information on upcoming events and helpful resources!

www.lguhs.org



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